

# April 16, 2012 Island Insial



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: http://www.ria.army.mil/sites/IslandAnn/announcement.cfm

#### **Sections:**

- **Arsenal Traffic/Construction**
- **Building/Space Closures**
- **Active Duty/Reserve Zone**
- **Safety Spotlight**
- **Equal Opportunity Focus**
- Morale, Welfare & Recreation (MWR)

**JMTC Industry Day Joins NDIA Small Business Symposium**: Five years ago, Industry Day consisted of a few booths lined up in the loading dock. Last year, hundreds of booths filled the iWireless Center. Although, participation increased, the focus of Industry Day has diminished. "The purpose of Industry Day has been to understand business and how to work with (Rock Island Arsenal Joint Manufacturing and Technology

- **MWR Leisure Travel Office**
- Child, Youth & School Services
- **Army Community (ACS)**
- **Employee Assistance Program**
- **Education/Training Review**
- **Defense Commissary Agency/PX**

Center)," Kimberly Conrad, Staff Action Officer, said. "The event grew and was successful but lost focus in helping people learn how to do business with us. After last years' Industry Day, it was suggested we look into the Small Business Symposium since it's geared towards how to work with the government." That led Conrad to meet with National Defense Industrial Association (NDIA) to see if Industry Day could join forces with the Small

- **Arsenal Archive**
- Healthbeat
- **Notes for Veterans**
- **Car Pooling Announcements**
- Around the O.C.

Business Symposium. NDIA Small Business Symposium will take place on May 23 and 24 at the iWireless Center in Moline. The purpose is to work with the organic base and private enterprise to collaborate on how to produce the best equipment for the Warfighters as well as discuss ways in which small businesses









can work with large businesses and the government. (More)

### **QC Chamber Wants Businesses to Compete For Defense Contracts**: The

Rock Island Arsenal is known for its economic contribution to the area - but what is less known is its involvement with contracts with

businesses off of the island. Presently, over 500 local companies have ties to the Arsenal according to the Chamber - however they believe more can get involved. "Over the last ten years those contractors have issued about 6000 contracts worldwide worth 1.7 billion dollars," Paul Rumler, Vice President of the QC Chamber, told KWQC. (More)

#### Belle of the Ball: Newly Refurbished Quarters One to Star in Upcoming Historic Homes Tour: When retired

Col. Leif Johnson first set foot inside Quarters One, it was to attend a reception in honor of his wife, Maj. Gen.

Patricia



McQuistion, as she assumed her post at the head of the Army Sustainment Command and Rock Island Arsenal.

Little remained of the furnishings that once filled the home, many of them having been removed to the Rock Island Arsenal museum or other officer's quarters on the island following a decision to no longer maintain the building as a residence. (More)

#### <u>USO Program Aims to Help Injured</u> <u>Soldiers Get Back to Work</u>: They sat

in uniform, about 60 men and women

injured as they served their country and now seeking their way back into the workforce.



**USO OF ILLINOIS** 

How to write a resume or how to interview with a prospective employer are tasks the injured veterans did not have to do while stationed in Iraq and Afghanistan. On Monday, they heard tips for both tasks at the inaugural USO Life Skills Resources Program in the Arsenal Golf Club Ballroom, Rock Island Arsenal. (More)

#### **GSA Increases Feds' Mileage**

**Reimbursement**: As of April 17, federal employees who use their own vehicles for business-related travel will get a slight bump in mileage reimbursement. The General Services

# Upcoming Dates

April 15-21: National Volunteer Week

April 15-21: Animal Cruelty/Human Violence

Awareness Week

**April 15-21**: National Shaken Baby Syndrome

Awareness Week

April 19: Oklahoma City Bombing 17th

Anniversary

April 21: National Record Store Day

April 21-29: National Park Week

April 22: Earth Day

April 22-28: Nat. Work Zone Awareness Week

**April 22-29**: National Safe Kids Week **April 23**: 104<sup>th</sup> Army Reserve Birthday

April 23-27: National Playground Safety Week

April 25: 114th Anniversary of the Spanish-

American War

**April 25**: Administrative Professionals' Day

April 26: Take Our Daughters & Sons to Work

Day

April 27: Arbor Day

April 28: Nat. Prescription Drug Take-Back Day

**April 28**: Workers Memorial Day

April 28-May 5: National Infant Immunization Week

April 29: Distracted Driving Awareness Day

April 30-May 6: Screen-Free Week

May 1: May Day

May 1: National Law Day

May 2: National Day to Prevent Teen Pregnancy

May 3: Children's Mental Health Awareness Day

May 3: National Day of Prayer

May 4: Military Spouse Day

May 4-10: National Nurses Week

May 5: Cinco de Mayo

May 5: Free Comic Book Day

May 5: National Join Hands Day

May 6: National Infertility Survival Day

May 6–12: Public Service Recognition Week

July 7: Rock Island Arsenal 150<sup>th</sup> Celebration



Administration increased the reimbursement to 55.5 cents per mile, up from 51 cents per mile. GSA reminds feds that rates for GSA and IRS employees may be different. GSA also increased the reimbursement for government-owned automobiles to 23 cents per mile, and motorcycles to 52.5 cents per mile. (More)

### Army Investing More Money, Training into SHARP: Since 2007, the

Army's budget to combat sexual assault

has increased fivefold, said the director of Human Resources, Army G-1. Brig. Gen. Barrye Price has oversight of the Army's Sexual Harassment and



Assault Response and Prevention program, known as SHARP, and explained that a number of initiatives are underway to help sexual assault victims. April is both Sexual Assault Awareness Month and National Alcohol Abuse Prevention Month, and Price's directorate has purview over both. "We know that a great deal of sexual assault involves alcohol consumption, and we

feel a linkage between the two," he said. (More)

#### **Federal Pensions Face GOP Cuts:**

Republicans controlling the House are targeting food stamps, federal employee pensions, tax breaks for illegal immigrants and subsidies under President Barack Obama's health care law in a multifaceted drive to swap cuts to domestic programs for big Pentagon cuts scheduled next year. The cuts are mostly familiar, though a plan to cut food stamps goes well beyond a bipartisan proposal drafted last year. The Democratic-controlled Senate has no plans for companion legislation. (More)

#### <u>Tests of Expanded Collective</u> <u>Bargaining End with Disappointing</u>

Results: The federal government's experiment with expanded collective bargaining rights ended with few signs of progress and with several top labor officials calling the results disappointing. For the last 18 months, a dozen agencies have been pilot testing so-called B1 bargaining, or bargaining over subjects that are usually left for managers to decide. These subjects include the numbers, types and grades of employees doing particular jobs, or the types of technologies they use. Supporters of B1 bargaining, such as

Office of Personnel Management Director John Berry, say it would help agencies save money by leading to more efficient and effective ways to accomplish their missions. (More)

#### <u>Senate Budget Plan to Include</u> <u>Simpson-Bowles Cuts, Pay Freeze</u>:

Senate Budget Committee Chairman

Kent Conrad, D-N.D., said Tuesday he will back the Simpson-Bowles deficit reduction plan as his opening proposal to balance the nation's

budget. That plan would freeze federal pay for three years, slash 200,000 positions from the federal workforce by 2020, and base retirees' pensions on the average of their highest five annual salaries. (More)

#### <u>House Panel Approves Part-Time</u> <u>Retirement for Feds</u>: A House panel

voted unanimously Wednesday to advance legislation that would allow retirement-eligible employees to work part time and to roll





unused annual leave into their Thrift Savings Plans. The bill, H.R. 4363, would amend U.S. law to allow federal employees to continue working part time while partially retired. It was introduced just this week in the House Oversight and Government Reform committee, where it won support from both parties on a panel that usually displays deep divisions over provisions regarding federal employees. (More)

TSP Roth Option Will Be Delayed For Military, DoD Civilians: When the Thrift Savings Plan's new Roth option

launches next month, it
won't be available to
military service
members — and
they are among
those mostly likely
to benefit from the new
option. Defense Finance and
Accounting Service spokesman Tom
LaRock said agencies whose payrolls
DFAS handles will gain access to the
Roth option later because of the
challenges in modifying payroll systems
to handle two streams of contributions
coming into TSP — both pre-tax and

#### **Lawmaker Seeks Hatch Act Reforms:**

The ranking member of the House

post-tax. (More)

Committee on Oversight and Government Reform is asking the committee to address a bipartisan bill to reform the Hatch Act, which limits the role government employees may play in partisan political activities. In an April 13 letter to committee Chairman Darrell Issa (R-Calif.), Rep. Elijah Cummings (D-Md.) requested a committee markup of the Hatch Act Modernization Act at its April 18 business meeting. (More)

#### **Cutting Costs Could Do a Lot For**

Defense: If cost overruns were eliminated along with the modernization of already flawed — and expensive — weapons, perhaps the Pentagon would not be facing the potential sequester of funds. Of course, that's very easy to say but very hard to do. Two recent reports make that clear. Let's start with the F-22, which the Air Force has touted as the only operational fifth-generation, stealthy, air-to-air and air-to-ground fighter-bomber. (More)

FEMA, FCC Announce Adoption of Standards for Wireless Carriers to Receive, Deliver Emergency Alerts Via Mobile Devices: As part of the Integrated Public Alert and Warning System, the nation's next generation of emergency alert and warning networks, the Department of Homeland Security's

Federal Emergency Management Agency and the Federal Communications Commission today announced the adoption of the design specifications for the development of a gateway interface that will enable wireless carriers to provide its customers with timely and accurate emergency alerts and warnings via their cell phones and other mobile devices. (More)

#### **Terrorism - Protecting Standalone**

<u>Facilities</u>: The protection of Standalone Facilities is a critical element of the

Army's antiterrorism program focused on protecting personnel, information, and facilities against potential terrorist

activities. The methods to protect SAFs are considerably more complex than those measures taken to protect Army installations. SAFs (such as recruiting stations and Reserve/Guard facilities) are embedded in civilian communities and often do not have same level of protection as typically assigned to Army installations. This shortfall, without mitigation could make them more vulnerable. While some SAFs have barriers that define an operational area, most are an integral part of their environment and have no organic



security or emergency response capabilities. As such, most are dependent upon the local community for security and threat information support. (More)

Coming Soon--USA Staffing: During FY11 and 12, the Department of the Army is transitioning to a new automated, job application system called USA Staffing. The Rock Island Arsenal Civilian Personnel Advisory Center will transition to USAS on Monday, April 23. In the interim, all RIA (Army) vacancies are posted on both armycivilianservice.com and usajobs.gov. USAS is fully integrated with USAJobs, so start building your account and resume in USAJobs now if you haven't already done so. Please take a moment to visit. the following links for additional information; Application Manager Introduction and Tips for Applicants Brochure. Stay tuned for additional announcements regarding this transition.

### RIA CIF Annex to Perform Inventory: The Rock Island Arsenal,

Directorate of Logistics needs to inform everyone that the RIA CIF Annex will

be performing its annual inventory **April 16-20**. During this week no items will be turned-in by or issued to requesting personnel. Please schedule an appointment the weeks prior or weeks after this inventory process. The Central Issue Facility is located in the basement of Bldg. 56 and normal operating Hours are 8 a.m. – 3:30 p.m., Monday-Friday, by appointment only. Please make appointments by contacting your supply sergeants, per normal operating procedures.

#### 2<sup>nd</sup> Annual RIA Prayer Breakfast:

The RIA Religious
Support Team will be hosting their 2<sup>nd</sup>
Annual Prayer
Breakfast. The breakfast will be held at Heritage Hall,
Bldg. 60. There is no cost to attend. For more information and tickets, please contact the

tickets, please contact the ASC/JMC/First Army Chaplain's Office: (309) 782-0910/2737/9690.

Date: Wednesday, May 9

Time: **6:30-8 a.m.** 

Summer Moving Tips: With the busy summer moving season soon arriving, RIA Transportation Office would like to pass on some key moving tips to the

community. The Defense Personal Property Program is a new DoD program designed to improve quality of life for our service members, civilian employees and their families. DPS provides direct and empowered communications between the service member and the Transportation Service Provider – DPS is available 24/7/365 a year from any location with internet access. Don't have Internet access? After vou complete vour initial move requirements the DPS Interactive Voice Response system will provide you with access to your shipment information as you transition to your new home. You must establish a DPS account to process/manage your shipment, request delivery, file a claim, and complete your Customer Satisfaction Survey. Go to the www.mov.mil website (DoD Customer tab) to create your account. Not all personal property shipments can be moved in this new system. Please contact the RIA Transportation office to see if you qualify. (More)

Planned Power Outage for Buildings 66, 67 and 72: A complete power outage for buildings 66, 67 and 72 will occur on April 29, 8 a.m. - 12 p.m. Outage is required in conjunction with the Fitness





Center renovation.

Date: Sunday, April 29 Time: 8 a.m. - 12 p.m.

#### Official DA Studio Photography:

Official DA Studio Photography will be offered at Arsenal Island on May 8, 9 and 10. Studio photography includes DA photos, official government passport photos and official command photos (head & shoulders). Appointments can be scheduled at the following times: May 8, 1-3:40 p.m.; May 9-10, 7 a.m.-3:40 p.m. There will be no walk-in appointments. Reservations can only be made by submitting a DA3903 Work Request at the Visual Information Ordering Site ... click on Frequently Asked Questions, item #2, instructions for scheduling photo appointments in VIOS. Scheduled photographs will be taken at the Photo Studio, Bldg. 56, basement, across hall from elevator. Bring your command flag if required. Priority is: 1. Active duty Soldier's DA Photos 2. Official government passport photos 3. Official command photos 4. DA photos for Army Reserve & Army National Guard Soldiers (not on active duty). To obtain an official government passport photo, all personnel need to: 1. Schedule a passport photo appointment at the VIOS website. 2. Go to transportation to obtain a printed DA

Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in block 14.3. Present this DA3903 form to the photographer before the passport photo is taken. You will receive two 2"x2" passport photos. 8"x10" head and shoulders-command photos will be printed and available digitally. Additional prints can be ordered in VIOS. Scheduled dates for June 2012 official studio photography will be announced in the Island Insight, VIOS frequently asked questions and the Defense Visual Information website for the RIA VI Facility. POC is Don Swanson (309) 782-6390.

**<u>Blood Drive</u>**: The Mississippi Valley

Regional Blood Center is hosting a blood drive in the <u>Caisson Room</u> (First Floor, Bldg. 60), on **Friday**, **April 20**, **10 a.m. – 12 p.m.** If

you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A 3<sup>nd</sup> shift blood drive will be held in the Cafeteria (Bldg. 210) beginning at 2:15 a.m. on May 4. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup>

shift, donors should contact their shift supervisor.



The Truth About Donating
Blood! Excuse: Plenty of people
donate, they don't need my
blood. Truth: The fact is that
plenty of people don't donate.
Every two seconds, someone in
the U.S. needs blood.
Unfortunately, of the 38 percent
of the U.S. population that is
eligible to donate blood, less
than 10 percent do annually.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.

### 2<sup>nd</sup> Annual Charity Golf Tournament "Reds White & Blue" to Benefit

<u>Jason's Box:</u>: A golf tournament to benefit <u>Jason's Box</u>, a local organization

that sends "care packages" to improve the health and



well being U.S. troops overseas, will be at 1 p.m., Friday, **May** 

**18**, at the Golfmohr Golf Club, 16724 Hubbard Rd., East Moline, Ill. Price for





the tournament is \$65 per golfer and \$60 per team of four, which includes greens fee, cart, tee package and dinner. POC: Craig DeVrieze, (563) 940-6094 for details about the event.

#### **RIAWC 2012 Charity Golf Outing:**

The Rock Island Arsenal Welcome Club is partnering with the Iowa/Illinois Chapter of the National **Defense Industry** Association in hosting the 2012 Charity Golf Outing during the Midwest **Small Business Government Contracting** Symposium on Tuesday, May 22 at the Arsenal Island Golf Course, . Proceeds will help fund the club's charitable work supporting the military and their families on the Arsenal and surrounding **Ouad-Cities Communities.** Registration will be 11:30 a.m. - 12:30 p.m., with a shotgun start at 1 p.m. A recognition dinner will follow 6:30-8:30 p.m. Registration deadline is May 17. Cost is \$100/player before May 1; on or after May 1 is \$110. (More)

Rock Island Arsenal Welcome Club's Tour of Homes: Come visit the historic quarters on post including Quarters One. Get your tickets early. Adults and teens welcome. For tickets contact K. Harmon

at <u>k5harmon@yahoo.com</u> or visit the <u>RIAWC website</u>. See you there.

Date: Saturday, April 28 Time: 11 a.m. - 5 p.m.

#### **Great Lakes VTF Vaccine Clinic:**

There will be an animal vaccine clinic for active duty at RIA Fire Department on May 31, 1-6 p.m.; and June 1, 8-11 a.m. Cash and checks accepted. (Additional Info) (847) 688-5708 ext. 0722

#### Women In Defense 1<sup>st</sup> Annual Fashion Show Fundraiser Event: WID

1<sup>st</sup> Annual Fashion Show Fundraiser Event. All proceeds support the WID Scholarship Foundation. Date: Sunday, **April 22**; Time: 11 a.m. Social, 11:30 a.m. lunch/fashion show; Location: Isle of Capri Convention Center (L shaped building behind hotel); Cost: \$25/each; For RSVP/tickets call Chris at (563) 271-5903 or Stephanie at (309) 530-5273.

#### **Esprit de Corps Toastmasters Club:**

At Esprit de Corps you can benefit from a Toastmasters meeting without leaving the Island and without giving up an evening or weekend day. We offer communication and leadership skills to all interested people, regardless of grade or rank. Come see how we learn in a supportive atmosphere.

Date: **Wednesday, May 2**Time: **11:45 a.m. - 12:45 p.m.** 

#### **RIA Ladies Saukie Golf League Has**

Openings: Nine-hole league beginning April 24 at Saukie. It's an 18 week league at a cost of \$261. If interested, contact Sally Cecil, (309) 558-8723 or cecils@mchsi.com. Ladies are not required to work at RIA to join. Subs are also needed.

Time: 3:30 p.m. - 6:15 p.m.

#### **Youth Competitive Baseball Team:** If

you have a son that does not turn 12 before May 1 and are interested in a competitive baseball team then we are looking for you. The team plays two league games a week and tournaments on the weekends. If interested please call QC Outlaws at (563) 340-3395.

#### **Arsenal Attic Thrift Shop &**

**Boutique**: Prom dresses and beautiful pageant dresses on sale at the Arsenal Attic. Open Tuesdays, Thursdays, Saturday, **April 21**, and Saturday, **April 28**, during the Tour of Homes. Dishes, glassware, flip-flops, designer bags, collectibles, vintage linens, baby furniture, new baby clothes, and



furniture are also on consignment. Open 9 a.m. – 3 p.m. POC: (309) 782-6977

### Arsenal Traffe Construction

Closure of Parking Lot: A partial closure of Lot 3 O will occur on April 30 and May 1 & 2. The southeast corner of the Lot, north of Bldg. 339, will be barricaded, to accommodate the mandated Motorcycle Safety Course. Normal parking will return on May 4. (POC)

### **Building/Space Closures**

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There are no building/space closure announcements at this time.

# Active Duty/Reserve Zone

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**Army Career and Alumni Program: Preparing for success after the Army:** 

Soldiers deliver for the Army and for the nation--I've seen it throughout my career, never more so than during my time in Iraq. So when you decide it's time to move on to the next stage of

your life, it's only right that we should have a plan, prepare together, and then execute with energy to ensure success. That's why we have the Army Career and Alumni Program. Whether your next stage includes a job, school, continued service with the Guard or Reserves, or all three, ACAP will help you and your Family prepare for a successful transition. Today there is unprecedented support for transitioning Soldiers and veterans at federal, state and local levels. Hiring our Heroes, a U.S. Chamber of Commerce initiative, is a great example. Their job fairs bring together a whole range of organizations--including private industry, the Department of Labor, the Veterans Administration, the Small Business Administration and state workforce commissions--all focused on connecting transitioning Soldiers and vets with employment opportunities. (More)

### Safety Spotlight

Motorcycle Safety Course: The USAG Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk

and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based Stateapproved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on July 17, 18 or 19. Additionally, there are still a few openings for the two-day Basic Rider Course scheduled for May 1 & 2. Registration for all courses is through the web-based AIRS system at https://apps.imcom.army.mil/AIRS. For further information, please contact Michael Chaplin, IMRI-SO, at (309) 782-2314/1380, or Nancy Carlson, IMRI-SO, at (309) 782-2309.

### Equal Opportunity Focus

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Holocaust Days of Remembrance
Observance: First Army and the Army
Sustainment Command's Equal
Opportunity Office invite you to the



Rock Island Arsenal's Holocaust Days of Remembrance Observance April 24, 10-11 a.m., at Heritage Hall, Bldg. 60. Agnes Schwartz, a Holocaust survivor, will be the guest speaker. For more information on this year's theme "Choosing to Act: Stories of Rescue," please visit the U.S. National Holocaust Museum. Non First Army DACs register in TEDs using the keyword "Holocaust Remembrance Observance." For any additional information or accommodations please contact Sgt. First Class Evadne Benson at (309) 782-9060 or Sgt. First Class Raymond Gonzalez at (309) 782-3021.

Morale, Welfare & Regreation (MWR)

Morale, Welfare & Recreation

(MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also click here to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

**Mothers Day Champagne Brunch:** 

Sunday, **May 13**, 10:30 a.m. - 2 p.m., show mom how much you care by treating her to a delectable champagne brunch at the Arsenal Island Golf

Course clubhouse. This all you can eat, buffet style brunch is \$22.95/adult, \$10.50/child (4-12) and children three and under eat free. Call (309) 793-1601 to make your reservation.

Administrative Professionals Day Lunch Specials at the Clubhouse:

Wednesday and Thursday, April 25 & 26, make sure your administrative professional knows how much they mean to your organization; treat them to a delicious buffet lunch at the Arsenal Island Golf Course clubhouse. The menu on Wednesday, April 25, will feature a variety salad buffet and Thursday, April 26, you can get your fill of tacos at the all you can eat taco salad bar. Cost is just \$8.50/person. For more information call (309) 793-1601. (Flyer)

Tour of Homes Taco Bar Special at Arsenal Island Golf Clubhouse: There will be a Taco Bar Lunch Special during RIAWC Tour of Homes, Saturday, April 28. As you make your way along touring the beautiful residences of Arsenal Island, stop into the Arsenal Island Golf Clubhouse for an all you can eat taco bar for the low price of \$7.50.

**April is Month of the Military Child**: Join MWR in celebrating and honoring

our military children and the sacrifices that they make every day. We invite you to join us for some of the great events that we have lined up for next month including a family friendly concert by the Little Nashville musical group on April 26. For a complete listing of all events, check out the calendar of events or the flyers: Home Depot Flyer and Little Nashville for more info or call (309) 782-2165.

Recreational Softball League: The Fitness Center is now taking registration for their recreational softball league. Captain's meeting is being held on April 23 at 5:30 p.m. at the Fitness Center. Captains are required to be there & rosters are due April 18. League play starts April 30. Please call (309) 782-5124 for more information.

Change in Hours of Operations at the Island Oasis Café: Still haven't tried the new Island Oasis Café located in the Fitness Center? Well there is no better time than right now because effective April 2, we will be fine tuning our hours of operation to better serve you. Stop in for a quick breakfast sandwich, omelet or breakfast burrito between 6:30 & 9 a.m., or try one of our fresh made deli sandwiches, salad, or bowl of delicious homemade soup during the hours of 11



a.m. to 1 p.m. Check out the <u>full menu</u> <u>here</u>.

**April is Spring Car Care Month at** the Auto Skills Shop: Make sure your ride is ready for those summer road trips. Stop in for our Pre-Season Motorcycle Service Special, bring in your bike, engine oil and filter and we will service it and perform a safety check all for only \$15. There is also a Spring Vehicle Inspection on Saturday, **April 21**, 9 a.m. - 2 p.m. where we'll check all the fluid levels, belts and drive systems, tire pressure and much more to make sure you're ready to go for summer. Also during the whole month of April, enjoy a full service oil change for just \$21. For an appointment or more info please call (309) 782-8631 or stop by the shop in Bldg. 351. (Flyer)

#### **MWR Army Wide Arts and Crafts**

Contest: Calling all artists! Get your artistic works ready for this year's Arts and Crafts Contest. The submission period is May 1 - June 30. There are new and exciting categories for this year's contest including: ceramics, drawings, fibers and textiles, glass, metals and jewelry, paintings, mixed media, wood, and digital art. Full contest rules and descriptions can be

found <u>HERE</u> or call the local point of contact at (309) 782-1230 for more info.

Arsenal Club Bar: Effective April 5, the bar operation in Bldg. 60 moved back to the Arsenal Island Golf Course Clubhouse. The bar will be open on Thursday and Friday nights from 3-7 p.m. Golfers have no fear, even though the bar will not be open outside of these hours, the Golf Shop will continue to sell your favorite beers and sodas so that you have beverages to take out on the course with you.

# MWR Leisure Travel Office

Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. (email) (website)

MWR Yard Sale: MWR Yard Sale will take place at the Memorial Field Pavilion. If you are interested in participating it costs \$5 per table. Yard aale takes place rain or shine. For more information contact LTO (309) 782-5890.

Date: Saturday, May 19

Time: **8 a.m.** 

#### **Free Camping for Active Duty**

Military: The Corps of Engineers are offering free camping for active duty military at Fisherman's Corner, Grant River, Thompson Causeway, Shady Creek and Clark's Ferry Campgrounds. Complete information is listed in the "Along the River" brochure. You may pick up a copy at Outdoor Recreation or the Mississippi River Visitor Center at Locks and Dam 15.

**Ghost Hunters' Dinners at Historic Quarters One**: The ever-popular Ghost Hunters' Dinners are back for 2012. Enjoy a gourmet meal at the Clubhouse followed by a presentation by the Rock Island Paranormal Society on the haunted history of Historic Quarters One. After the presentation, armed only with flashlights, guests are invited to search this beautiful building for evidence of the paranormal. The dates planned for 2012 are: May 10, June 21, July 13, Aug. 17, Oct. 1, Oct. 13, and Oct. 31. Cost is \$45/person and reservations are strongly recommended as these fill up fast. Call (309) 793-1601 for more info and to reserve your spots. (Flyer)

Taste of Chicago Bus Trip: Join the Leisure Travel Office on their bus trip to the Taste of Chicago to enjoy the sights,



### <u>Island</u> Insight

sounds, and food of the Windy City. Cost is \$39/person (transportation only). For more information, please call 309-782-5890.

Date: Saturday, July 14

#### Chicago Cubs vs. Milwaukee

Brewers: Hey Cubs and
Brewer fans. Do we
have a deal for you. Let
us provide the
transportation to
Milwaukee, Miller Park,
and a game ticket for
only \$84 per person.
Seats on sale now.
For more
information contact
the Leisure Travel Office.
Date: Saturday, May 12

Time: 12:05 p.m. (game time)

#### **Downtown Chicago Shopping Bus**

<u>Trip</u>: Join MWR for a fun day of shopping on Michigan Ave. and the magnificent mile in beautiful downtown Chicago. Price is \$39/person and includes transportation only. Call (309) 782-5890 for more info and to sign up.

Date: Saturday, July 28

Six Flags Great America: Leisure Travel has 2012 Six Flags Great America one-day general admission tickets now in stock. Two big parks for one low price; all the thrills your nerves can handle with 14 roller coasters ... 20 acres with 30 waterslides. Discounted tickets are \$48, children under two are free.

Lincoln Park Zoo Bus Trip: Lions and tigers and bears, oh my! The Leisure Travel Office will be making a bus trip to Lincoln Park Zoo in Chicago, Saturday, June 16. Cost in only \$39/person (transportation only). Please call (309) 782-5890 for more information.

**Cubs vs. Cardinals**: The Chicago Cubs

will be taking on the defending World Series Champion St. Louis Cardinals at Busch Stadium. The bus will

depart at 8 a.m. from the

COL Davenport Pavilion area. Seats on sale now for \$104 per person.

Date: Saturday, July 21 Time: 3:05 p.m. (game

time)

<u>Monster Jam</u>: Coming to the iWireless center once again. Following are trucks & drivers scheduled to appear: Grave

Digger – Gary Porter Monster Mutt – Whit Tarlton AAP Grinder – Frank Krmel Mohawk Warrior – George Balhan Incinerator – Ryan Rice Mechanical Mischief – Jim Burns Tickets on sale now. All tickets increase \$2 day of show. No discounts available day of show

Date: Friday, April 27

Time: **7 p.m.** 

<u>Sleeping Beauty Ballet</u>: Quad Cities Presents: Sleeping Beauty. Performance will be at the Adler Theatre. Tickets on

sale for \$27.

Date: Saturday, May 19

Time: **7 p.m.** 

Circa 21: Spreading It Around: An

upbeat comedy about a well-to-do widow living in a retirement community in Florida. Tired of handling out money to their neglectful, unappreciative children, Angela Drayton and her friends set up an organization which gives to those really in need. Discounted seats are \$43.50

Date: Saturday, May 26

Time: 5:45 p.m.

#### **Warrens Wisconsin Cranberry**

<u>Festival</u>: This festival features more than three miles of shopping and more than 1,300 booths. Arts & crafts, flea



market, antiques and the farmers market. Seats are \$72 (includes Marsh tour) on sale until **Sept. 1**.

Date: Saturday, Sept. 29

Heartland Jam: More than half of the national acts are in place for the first Heartland Jam country music festival, July 20-21. We have discounted ticket available for 1 day at \$34 and two days for \$49. Limited amount of tickets.

LA Angels vs. Chicago
White Sox: Let us provide
the transportation to and
from the game at Chicago's
U.S. Cellular Field on a
charter bus. This will be
an evening game. Cost per
person is \$86. For more
information please contact
LTO at (309) 782-5890.
Date: Saturday, Aug. 4



Time: **6:10 p.m.** 

Need a Vacation?: Do you need help planning your vacation - let the leisure travel staff help turn your vacation into a dream vacation. Stop by or call our office at (309) 782-5890. Let us do the work.



# Child, Youth & School Services

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#### Take Time to Honor Military Kids'

**Service**: Children of U.S. service members around the world will be honored throughout April for their contributions to their families' wellbeing and sacrifices on behalf of the nation, a Defense Department official said. Each April, Americans pause to recognize the nation's 1.8 million military children during the Month of the Military Child. "It's really important to recognize that military children also serve," Barbara Thompson, director of military community and family policy, children and youth, told the Pentagon Channel and American Forces Press Service. It's also important, Thompson said, to take time to let military children "know how proud we are as Americans that they ... are supporting mom or dad in uniform, who is making great sacrifices for this country." While frequent moves and school transitions can be challenging, Thompson said she believes the most challenging endeavor a military child has to endure is a parental separation due to deployment. (More) (OurMilitary) (StandTo!)

<u>Covenant Cottage Child Development</u> <u>Home</u>: Covenant Cottage Child Development Home is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service (ACS)

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ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit



our ACS website or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here. 24/7 Sexual Assault Hotline: (309) 229-8412

#### **Real Colors: What's Your Color?**:

Join us at the School Age Center for a unique look at communication styles. You will learn your own style and gain insight into the communication style of



others. Free child care available to those who register by **April 19**. RSVP to Family Advocacy at (309) 782-3049 or jennifer.a.kerr10.civ@mail.mil.

Date: **Saturday, April 28** Time: **8:30 a.m. - 12:30 p.m.** 

Special Needs Informational Forum Game Night: Bring the family and kids for a family game night and chance to network with other special needs family members. The location is Bldg. 150, School Age Center. Limited onsite child care is available. You must RSVP for child care by April 20 to (309) 782-4736/6515. For more information email janice.n.saito.civ@mail.mil.

Date: Tuesday, April 24 Time: 5:30-7:30 p.m.

#### **Army Child Abuse Prevention Month:**

The Army Family Advocacy Program preventive education initiatives provide Soldiers, DA Civilians, and Family members information about child abuse and its harmful effects on Army Families and the Army mission. FAP is an essential resource at Rock Island Arsenal engaging in long standing prevention efforts positively affecting the Army and civilian community. The theme for Army Child Abuse Prevention Month is "It's no secret ... everyone can help. Keep Army Children Safe and

Healthy." As Garrison Manager, it is my goal to ensure that happens. April is also designated as the Month of the Military Child and what better way to honor children in military Families than to keep them safe and provide for their health and well being. (More)

Chris Hoenig Becomes an Accredited Financial Counselor: Christina "Chris" Hoenig has become an Accredited Financial Counselor. She is a volunteer and military spouse, and completed her 700 hour "apprenticeship" with Army Community Service. Hoenig will continue to provide services at ACS and other community agencies. Congratulations, Chris! You are an AFC.

Army Emergency Relief Kicks Off
2012 Campaign: AER begins its annual fundraising drive. The theme of this year's Campaign is "A Strong Tradition of Soldiers Helping Soldiers." The money is used to fund grants, scholarships and gift cards for Wounded Warriors. Organizational key persons will begin contacting our Military personnel soon. For more information or to make a donation, contact ACS.

# **Employee Assistance Program**

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are 7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to www.riamwr.com or Facebook.

<u>Alcohol Awareness Month</u>: April is Alcohol Awareness Month. Alcohol is the most commonly used drug in the

United States (National Institute on Drug Abuse). Alcohol is popular, socially accepted, and legal. Yet it is the most frequent cause of



individual and family pain and suffering. Alcohol Awareness Month is an opportunity to raise awareness about alcohol misuse and encourage people to make healthy, safe choices. During this month, take time to educate yourself and your loved ones about the dangers of alcohol misuse. One way to educate yourself about your own drinking is to take the anonymous alcohol use self-assessment online at <a href="mailto:DrinkingIQ.org">DrinkingIQ.org</a>. The Survey is free and can give you



feedback about your drinking and if you may be at risk. If you would like to learn more about alcohol or have any questions, please call the EAP at 2-HELP (4357) or look for an EAP staff member at your lunch cafeteria in April.

**Anonymous Online Mental Health** Screening - April 2012: Good news. Did you know that a glass of wine with dinner or beer on Friday night with friends might be good for you. A compilation of research detailing the health benefits of moderate alcohol use suggests that it can reduce the risk of heart disease, stroke, dementia, and even the common cold (Hanson, 2007). However, this research leads us to ask, what is moderate alcohol use? It is important to distinguish between moderate and heavy alcohol use, as consuming excessive amounts of alcohol can lead to many problems. In the short term you may be more likely to have an accident, commit a violent act (alcohol use is associated with two out of three incidents of intimate partner violence), or engage in risky sexual behavior that you would normally avoid. Long term health problems, including increased risk of stroke, dementia, depression, high blood pressure and certain cancers are well known for being consequences of heavy alcohol use (Centers for

Disease Control and Prevention, 2008). To help you know if you are using alcohol moderately rather than in a way that is hazardous, the Rock Island Arsenal Employee Assistance Program is honoring National Alcohol Screening Day, April 5, by offering you the opportunity to complete a free, anonymous screening for alcohol use disorders. The screenings are available at HERE in keyword ASAP. We here at the Rock Island Arsenal Employee Assistance Program hope that you will raise your glass in the name of good health and take a quick check of your drinking habits to help ensure your good health stays that way.

#### **Smoking Cessation Group**: Need help

to quit smoking?
Good news ... the
Employee
Assistance Program
offers an ongoing
educational support
group for people
who would like to
be smoke-free. The
group meets each



Wednesday, 3-4 p.m., at the EAP office located in Bldg. 110, 1<sup>st</sup> floor, SE wing.

**PTSD Support Groups**: You don't have to go through this alone. The Rock

Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

### Education/Itraining Review

The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our website to learn more.

GED, ESL, Citizenship Classes, Testing, Free Study Resources: The

Scott Community College Career Assistance Center Offers GED, ESL, and Citizenship classes, as well as testing and free online study sites. Call (563) 326-5319 for a schedule of classes and tests or to obtain more information. (More)

Richard C. Maguire Scholarship: The Rock Island Arsenal Historical Society will again sponsor the \$1,000 Richard C. Maguire scholarship; being offered to an individual studying for a Master's degree



or Doctorate in history or a related field. Applications are available upon request at <a href="mailto:rimahoch@aol.com">rimahoch@aol.com</a>. Return by May 1.

AER Scholarships for 2012-13
Available On-line: Army Emergency
Relief (AER) scholarship on-line
applications for spouses and dependent
children are now available through
April 2012 at <a href="www.aerhq.org">www.aerhq.org</a> and look
under the Education Assistance button.
For more information call (309) 7820815 or <a href="jon.c.cook.civ@mail.mil">jon.c.cook.civ@mail.mil</a>.

# Defense Commissary Agency / PX

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The Rock Island Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information HERE. For information on this and other Commissaries, visit: www.commissaries.com (Facebook)

May Case Lot Sale: Our May Case Lot Sale will be held on May 18 and 19,

8:30 a.m. - 6:30 p.m., both days. If you are new to Rock Island our case lot sales are held in the building, so weather will not affect us at all. We learned that the hard way. If there's something you just can't find in our store just bring in the UPC and we will see if we can get it here for you. You may have to take the whole case unless it is an item that is being requesting by other patrons.

**Child Hunger Ends Here**: From **April** 12-25, commissary customers can help ConAgra Foods donate meals to help feed hungry children. When customers purchase specially marked ConAgra Foods packages and enter a package code at ChildHungerEndsHere.com, they activate a meal donation. Customers will then get a "bounce back" coupon to spend on their next purchase. For more information on this initiative and online coupons, go to conagracommissarydeals.com. Shoppers can also donate meals by redeeming a ConAgra Foods commissary coupon provided in stores via tear pads on specially marked case cards. For each coupon redeemed, \$1 will be donated to Feeding America® (feedingamerica.org) - up to \$10,000, which equals 80,000 meals. Feeding America® has a network of more than 200 food banks nationwide supplying food to more than 37 million

Americans each year, including 14 million children.

Vitality Every Day: From April 12-25, Unilever and Advantage Continental will host its 5<sup>th</sup> annual Vitality promotion for military children by offering discounted prices on some of Unilever's top brands such as Dove and Axe products, Hellmann's, Skippy Peanut Butter, Popsicles, Q-Tips, Breyers Ice Cream and TRESemme hair items. Shoppers will also be able to enter to win 300 "Vitality Every Day" gift packages in recycled grocery totes, which include an Eating Well Magazine, an eco-friendly bib apron, a lunch cooler and a bamboo cylinder complete with a serving spoon, strainer spoon and a spatula. Commissary customers can also visit Unilever's military specific website, OperationInTouch.com, for healthy tips and recipes, as well as a giveaway entry form.

Win It for Wellness Giveaway: April 12-May 9, Nestlé will provide opportunities for 178 stateside shoppers (one from every commissary) to win a prize: 25 grand-prize winners will each receive a Kinect for Xbox 360 gaming system along with a variety of games, and 153 first-prize winners will each receive a \$50 Commissary Gift Card.



Customers will see in-store promotional posters, stand-up ballot boxes and high-value coupons linked to promotion.

<u>Sales Flyers</u>: Patrons can visit the <u>AAFES website</u> and sign up to receive free online sales flyers.

## Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 pm. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.

#### **May Sesquicentennial History Break:**

Think about taking a "History Break" to celebrate Rock Island

Arsenal's 150<sup>th</sup> Anniversary.

May 10, 12-1
p.m., Gena
Schantz,
Independent
Scholar, and

Kris Leinicke,

Rock Island Arsenal

Museum, will present a program on the history of Fort Armstrong and the Fort

OF THE QUAL

Armstrong Centennial Celebration. Sponsored by the Rock Island Arsenal Historical Society, these lunch and learns will be held the second Thursday of each month in 2012. Join us in the Caisson Room, Bldg. 60, first floor, south wing, 12-1 p.m. As these presentations occur during lunchtime, you may bring a brown bag lunch or purchase food at the adjacent food court. Employees can sign up for these professional development opportunities in TEDs (Search Term "History Breaks"). If you don't have access to TEDs, please call Kris Leinicke at (309) 782-3518 to make a reservation. Due to the size of the Caisson Room. participation is limited to 50. Upcoming presentations include:

This Week in Rock Island Arsenal

History – April 16-22: Construction of Shop L (Bldg. 250), originally designed as an ammunition loading plant for shells and fuzes, began on April 16, 1917. In April 1883, excavation work for Storehouse A, which was located behind Shop A (Bldg. 102), had begun. On April 19, 1960, the Quad-Cities Home Builder's Association offered to renovate the Col. George Davenport Home. On April 19, 1864, the U.S. Congress passed an Act that instructed the U.S. Government to obtain

possession of and title to property on Rock Island that was held or controlled by private interests. The Secretary of War was authorized to hold full. complete, and permanent possession of "all the lands, and shores of the island of Rock Island." The Secretary of War was further instructed to hold and keep Rock Island as a military reservation for the purpose of building an arsenal for the construction, deposit, and repair of arms and munition of war, and such other military establishments as authorized by law. The Act also provided for a board of commissioners to hear and settle the land claims of private parties. On April 20, 1864, the cornerstone of the first permanent Arsenal building, later known as the Clock Tower, was laid. On April 21, 1882, the RIA procured a power press for punching and drawing metal used for manufacturing tin meat cans, tin cups, 'and' other metal items. On April 21, 1856, the first locomotive crossed the Mississippi River via the railroad bridge from Rock Island to Davenport - the first bridge across the river. On April 22, 1898, the Equipment Department began working two 10-hour shifts, daily.

Healthbeat



**National Prescription Drug Take-**Back Day observed April 28: National Prescription Drug Take-Back Day will be observed locally and nationwide April 28. Sponsored by the Drug Enforcement Administration, the day is specifically set aside to allow an opportunity to safely dispose of unused, unwanted or expired medications at authorized locations in local communities. Prescription drug use has increased over the years in the military. More than 110,000 active-duty Army troops last year took antidepressants, sedatives and other prescription medications, according to the Army surgeon general. About 17 percent of military personnel reported misusing prescription drugs, including stimulants (other than methamphetamine), tranquilizers/muscle relaxers, sedatives/barbiturates, pain relievers, anabolic steroids, and erectile dysfunction drugs, according to the 2008 Department of Defense Survey of Health-Related Behaviors. The prescription drug misuse rate for activeduty Army members was even higher at 23.5 percent. Pain relievers, as in the civilian population, were the most commonly misused/abused type of prescription drug across the military services and in the Army specifically. These numbers point to the need for

Soldiers and their family members to take a second look at how they handle prescription drugs, including those they no longer can use. That second look could start with the home medicine cabinet. (More)

**Army Surgeon on Track to Head Off** Cancer Before It Starts: An Army doctor has helped develop a vaccine that he believes will prevent cancer, or at least its recurrence. The drug NeuVax began phase III clinical trials Jan. 20, which Col. George Peoples said could lead to its FDA approval. Peoples is chief of surgical oncology at the San Antonio Military Medical Center when he's not traveling the world to provide surgical expertise or working to try and find a cure for cancer. (Currently he is deployed in Honduras.) The phase III clinical trial for NeuVax will involve at least 700 breast cancer patients at 100 sites in the United States and abroad. The trial is titled PRESENT --Prevention of Recurrence in Early-Stage, Node-Positive Breast Cancer with Low to Intermediate HER2 Expression with NeuVax Treatment. Participants will receive one intradermal injection every month for six months, followed by a booster inoculation every six months thereafter. The primary endpoint is disease-free survival at three years. "The first patient was vaccinated with NeuVax in January at San Antonio Military Medical Center, Fort Sam Houston, Texas," Peoples said. (More)

Health Clinic Announcement: Health Sick Call hours 7-8 a.m. Clinic closed Staff Meeting/Training April 27 at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

### Notes for Veterans

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**Pressure to Reduce VA Disability Claims May Cause More Delays, Advocates Warn**: With the Veterans Administration facing a growing backlog of more than 900,000 disability claims, advocates for veterans warned Wednesday that pressure by the VA to reduce the numbers will increase the number of mistakes it makes. The number of pending claims before the VA stood at 903,000 this week, up 50,000 from January and an increase of about one-half million from three years ago, numbers driven by veterans returning from Iraq and Afghanistan with complex injuries, and a policy change making it easier for Vietnam veterans to file Agent Orange-related claims. (More)



#### **Automatic VA Enrollment Plan Splits**

Vets Groups: A lawmaker's proposal that war veterans should be automatically enrolled in the Veterans Affairs Department health system has divided veterans groups over concerns that the legislation would strain an already burdened system and estrange those who did not serve in combat. Rep. Bill Owens, D-N.Y., said he sponsored HR 1460 to ease the transition of injured personnel to the VA health system and reduce the paperwork associated with processing out of the military. (More)

### **Car Pooling Announcements**

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Submit car pooling announcements via the <u>Island Insight submission page</u>. Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

### Car Pool:

Carpool: Looking for members to join carpool along the Hwy. 61 corridor from Dubuque to Rock Island Arsenal, 2<sup>nd</sup> shift 2:15-10:30 p.m. Starting in the middle April. Email or call (815) 651-4624.

➤ <u>Carpool</u>: Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m. w/RDO 1<sup>st</sup> Friday of Pay period. Email or call (309) 782-5472.

### Around the Q.C.

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<u>April 20</u>: <u>River Action's 10<sup>th</sup> Annual Fish & Fire</u> (Blackhawk State Historic Watchtower Lodge)

<u>April 21</u>: <u>Earth Week Fair</u> (QCCA Expo Center)

April 21: Earth Day Cleanup (Black Hawk State Historic Site)

<u>April 21</u>: <u>Run for Renewal 5K</u> (Sr. Concetta Park, Davenport)

April 21: Miss Muscatine Health and Beauty

Expo (North Park Mall, Davenport)

April 22: Gilda's Run for Laughs &
Roseannadana Dash 5K (Waterfront

Convention Center, Bettendorf)

**April 28**: Quad City Family Caregiver Conf. (Waterfront Convention Center, Bettendorf)

April 28: Autism Society of the Quad Cities
Autism Awareness Walk (Augustana
College, PepsiCo Recreation Center, Rock
Island)

<u>April 28</u>: 6<sup>th</sup> Annual Steve's Old Time Tap Spring Chaser 5K (Downtown Rock Island)

<u>May 5</u>: <u>Derby Day Party</u> (Arsenal Island Golf Course Clubhouse)

May 5: Venus Envy (BucktownCenter)

May 5: Rock Island Downtown Clean Up (The District)

May 5: 31st Annual CBRC 24-hour Run (North Scott High School Track, Eldridge) May 5: WIU Frog Hop 5K (WIU, Moline)

May 5: JDRF Walk to Cure Diabetes (Niabi Zoo, Milan, III.)

<u>May 5</u>: <u>Quad Cities QC Jeepers 4x4 Show</u> (DK Four Wheel, Moline)

May 11: Gallery Hop! (The District)

May 12: MLB Pitch, Hit & Run (Stephens

Park Diamond, Moline)

May 12-13: Beaux Arts Fair (Figge Art Museum)

May 12-13: Scott County Kennel Club AKC

Dog Show (QCCA Expo Center)

May 13: 25<sup>th</sup> Annual Quad Cities Distance Classic 5K (Augustana)

May 19: Start! Heart Walk (Great River Plaza, Rock Island)

May 19: St. Ambrose University Wine

Festival (St. Ambrose University)

May 26: Running Wild's The Wild 5 (Gold's Gym, Davenport)

May 28: Quad Cities Criterium (Rock Island)

June 2: Run for the Son 5K Run/Walk (Christian Care Rescue Mission, Rock Island)

June: 8-9: Gumbo Ya Ya (The District)

June 9: Susan G. Komen Race for the Cure

- Quad Cities 5K (Davenport)

<u>June 13-16</u>: <u>Sturgis Mississippi River</u> <u>Motorcycle Rally</u> (Mississippi Valley Fairgrounds)

June 15-16: Daiquiri Factory's Rock The District (The District)

June 16: 13th Annual Quad Cities Triathlon

June 17: Ride the River (RiverWay Trails, lowa & III.)

<u>June 16-17</u>: <u>Greek Cultural Festival</u> (East Moline)

<u>June 23</u>: <u>Run for the Hills XC</u> (Crow Creek Park, Bettendorf)

June 23: Royal Ball Run for Autism 5K (Milan HyVee)



<u>June 24</u>: 6<sup>th</sup> Annual Hennepin Hustle 5K Fun Run/Walk (Colona, III.)

June 24: Blossoms at Butterworth

(Butterworth Center, Moline)

June 29-July 1: Mississippi Valley Blues

Festival (LeClaire Park)

June 30: Daiquiri Factory's Dodgeball

**Showdown** (The District)

July 3: Red, White & Boom! (Rock Island & Davenport)

July 4: 30<sup>th</sup> Annual Genesis Firecracker Run (East Moline)

July 7: Rock Island Arsenal 150<sup>th</sup>

Celebration

<u>July 9-15</u>: <u>John Deere Classic PGA Tour</u> (TPC Deere Run)

July 11: 21st Annual YouthFest (Centennial

Park, Davenport)

<u>July 14</u>: 28<sup>th</sup> Annual Moonlight Chase (Eldridge)

<u>July 16-21</u>: Rock Island County Fair (East Moline Fairgrounds)

July 20-21: Heartland Jam (LeClaire Park)
July 27-28: 41<sup>st</sup> Annual MVRBC Downtown

Street Fest (Downtown Davenport)

July 27: Cardiology at the Bix (Radisson

Quad City Plaza, Davenport)

<u>July 28</u>: <u>Bix 7 Run/Walk</u> (Downtown Davenport)

<u>July 31-Aug. 5</u>: <u>Great Mississippi Valley</u> Fair (Mississippi Valley Fairgrounds)

Aug. 2-5: Bix Beiderbecke Memorial Jazz
Festival (LeClaire Park & Hotel Blackhawk)

Aug. 9-11: Great River Tug Fest (LeClaire, lowa / Port Byron, III.)

Aug. 10-11: Ya Maka My Weekend (The District)

<u>Aug. 17-18</u>: <u>River Roots Live</u> (Downtown Davenport)

<u>Aug. 18</u>: <u>River Action's 3<sup>rd</sup> Annual Floatzilla</u> (Lake Potter)

Aug. 23-26: World Series of Drag Racing (Cordova Dragway)

<u>Aug. 25</u>: <u>Quad Cities Irish Festival</u> (Rock Island)

Aug. 25: RIBCO's 3<sup>rd</sup> Annual River City
Beer Festiv-ale (The District)

<u>Aug. 28-Sept. 5</u>: <u>ASA Girls 12U Fastpitch</u> <u>Tournament</u> (Greenvalley Sports Complex, Moline)

Aug. 30-Sept. 2: Antique Motorcycle Swap Meet (Mississippi Valley Fairgrounds) Sept. 1: 8th Annual Labor Day Ride For Non-Hodgkin's Lymphoma (The District)

<u>Sept. 1-2</u>: <u>Quad City Air Show</u> (Davenport Municipal Airport)

Sept. 1-2: Rock Island Grand Prix

(Downtown Rock Island)

Sept. 3: Bettendorf Rotary 18<sup>th</sup> Annual Runwith Carl 5K (Life Fitness Center, Bettendorf)

Sept. 6: 13<sup>th</sup> Annual Senior Golf Cart Tour of RiverWay Trails (Multiple Locations)

Sept. 7-16: East West Riverfest (Quad Cities)

Sept. 8: Quad City Symphony Riverfront Pops (LeClaire Park)

Sept. 8-9: Beaux Arts Fair (Downtown Davenport)

<u>Sept. 15</u>: <u>Taming of the Slough</u> (Sylvan Island)

Sept. 15: Brew Ha Ha (LeClaire Park)

Sept. 15: Celtic Festival & Highland Games

(Centennial Park, Davenport)

Sept. 15-16: Riverssance Festival of Fine

Arts (Lindsay Park, Village of East Davenport)

<u>Sept. 15-16</u>: Our Big Fat Greek Festival (St. George Greek Orthodox Church, Rock Island)

Sept. 19-21: Upper Mississippi River

Conference (TBD)

Sept. 22-23: Quad Cities Kite Festival

(Centennial Park, Davenport)

<u>Sept. 23</u>: <u>Quad Cities Marathon</u> (Downtown Moline)

Sept. 27-29: Mississippi Valley Quilters
Show (Mississippi Valley Fairgrounds)

Sept. 28-30: Hot Air Balloon Festival

(Kennedy Square, East Moline)

Sept. 29: 17<sup>th</sup> Annual Killer Bee 5K Run/Walk (Rogalski Center Lawn, St. Ambrose Campus)

Oct. 5-6: Midwest Clown Association
Convention (Clarion Hotel Conf. Center,
Davenport)

Oct. 6: Hilltop Campus Village 3<sup>rd</sup> Annual
Fall Music Festival (Hilltop Park, Davenport)

Oct. 7: Nancy Kapheim Memorial Classic Gone Running 5K Run/Walk (Schwiebert Park, Rock Island)

Oct. 13-14: Gun Show (Mississippi Valley Fairgrounds)

Oct. 23-28: FLW National Guard Walleye Tournament (Centennial Park, Davenport)

Oct. 25: Fright Night (The District)

Oct. 26: Bucktown's Deadstock (Bucktown)
Oct. 27: Witches Walk (Downtown LeClaire)
Oct. 27: Daiquiri Factory's Boneyard Boogie

(The District)

Oct. 27-28: Rock and Gem Show (Mississippi Valley Fairgrounds)

Nov. 11: Doll Show (Mississippi Valley Fairgrounds)

Nov. 16-25: Quad City Arts Festival of Trees (RiverCenter)

Nov. 17: Festival of Trees Parade

(Downtown Davenport)

Nov. 17: Lighting on the John Deere
Commons & Holiday Pops Concert
(Downtown Moline)



<u>Dec. 1-14</u>: <u>Season of Light-Star of</u>
<u>Bethlehem</u> (Augustana College
Planetarium)

Dec. 2: 19<sup>th</sup> Century Christmas (Butterworth

Center, Moline)

<u>Dec. 7</u>: <u>Gallery Hop!</u> (The District) <u>Dec. 8-9</u>: <u>131<sup>st</sup> Annual Performance of</u> <u>Handel's Messiah</u> (Centennial Hall, Augustana College)

### Island Insight

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<u>Joel Himsl</u>, Garrison Manager; <u>Eric</u> <u>Cramer</u>, Public Affairs Officer; <u>Mark</u> <u>Kane</u>, Editor

The Army publication, Island Insight, is an unofficial publication authorized under AR <u>360-1</u> to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 by the Rock Island Arsenal Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of announcements, articles, photos, letters,

and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal. ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For submission of announcements to the **Island Insight:** usarmu.ria.imcomcentral.mbx.usaa-riapa@mail.mil:Phone: (309) 782-1121. The Island Insight is available on-line.



